



**COLLEGE OF CHILD AND YOUTH NURSES COLLEGE
2021 SYMPOSIUM AND ANNUAL GENERAL MEETING
FRIDAY, 24 SEPTEMBER 2021**

Manawa Building (CDHB), Level 3, 276 Antigua Street, Christchurch Central

8.00 – 8.30	Registration and Coffee
8.30 – 9.00	Welcome and Introduction
9.00 – 9.45	Keynote address 1: Dr Glen Colquhoun GP and poet working in a youth health service in Horowhenua <u>Topic</u> – The broken NZ health system and how to better meet the needs of youth
9.45 – 10.30	Keynote address 2: Presenter TBC <u>Topic</u> - TBC
10.30 – 10.50	Morning Tea
10.50 – 11.20	Presentation 3: Cara Meredith RN, RM, Clinical Project Lead at Te Puawaitanga, <u>Topic</u> – Te Puawaitanga’s indigenous approach to supporting maternal mental health
11.20 – 11.40	Presentation 4: Joshua Puts Nurse Practitioner, MidCentral DHB <u>Topic</u> – describing the wide range of settings (school, early childhood education, home, community, etc.) and ways of working with tamariki
11.40 – 12.00	Presentation 5: Bridget Bellhouse Nurse Practitioner, MidCentral DHB <u>Topic</u> – Partnering for Tamariki, an initiative developed from identified community needs
12.00 – 12.30	Presentation 6: Michael Brenndorfer Youth Health nurse and Nurse educator, Auckland <u>Topic</u> - Gender-affirming healthcare within a nurse-led primary health care youth clinic
12.30 – 1.10	Lunch
1.10 – 1.30	Presentation 7: Good Night Sleep Tight A not-for-profit initiative with the vision <u>Topic</u> - ‘ensuring children in the greater Christchurch area go to bed warm’
1.30 – 2.00	Presentation 8: Paediatric Dietitian, CDHB <u>Topic</u> – Nutrition in children
2.00 – 2.30	Presentation 9: Leaha North CNS for Child Health Cluster at Regional Public Health, Hutt Valley DHB <u>Topic</u> – Nursing leadership and my journey in child and youth health
2.30 – 2.45	Afternoon tea
2.45 – 3.05	Presentation 10: Youth Advisory Council for CDHB <u>Topic</u> – Advocacy for youth health consumers
3.05 – 3.25	Presentation 11: Jo Heap Clinical Nurse educator from Supporting Parents, Healthy Children, Whanganui DHB <u>Topic</u> – How health professionals can have a positive impact on children and young people who have a parent or caregiver with mental illness or addictions
3.25 – 3.45	Presentation 12: Lisa Smith Children’s Continence Nurse Educator, Continence New Zealand <u>Topic</u> - Getting to the bottom of Children’s Continence in New Zealand
3.45 – 4.00	Final comments and close

*Topics and Presenters may be subject to change